



25 Resolutions

FOR A SUSTAINABLE NEW YEAR

Courtesy of the Sustainable Sun Prairie Podcast

EASY

- 1) Replace one product with a zero-waste alternative.
- 2) Switch to reusable grocery bags.
- 3) Purchase fair-trade certified food products.
- 4) Subscribe to climate-friendly social media accounts.
- 5) Buy products in glass containers over plastic.
- 6) Support local coffee shops over large chains.
- 7) Say goodbye to paper coffee cups and bring a reusable mug instead.

MOST IMPACTFUL

- 8) Incorporate plant-based foods into your diet.
- 9) Commit to more car-free days by biking, walking, and taking public transportation.

FOR YOUR LAWN

- 10) Commit to watering your lawn in the morning or not at all.
- 11) Conduct a soil test.
- 12) Apply the correct amount of fertilizer to gardens, or refrain from applying fertilizer all together.
- 13) Invest in native plants for your bloomscape or groundcover.
- 14) Grow herbs and veggies on your porch or balcony.

UNIQUE

- 15) Review investments to understand where your money is being invested.
- 16) Conduct a free online water softener analysis to determine if you're using the correct amount of salt.
- 17) Invest in your utility's green energy program.

FOR YOUR WALLET

- 18) Monitor your thermostat use and turn it down a few degrees at night.
- 19) Use appliances in accordance with time of use rates.
- 10) Conduct a lightbulb inventory and make a plan to swap bulbs for LEDs.
- 21) Hang dry laundry in the summer.
- 22) Reduce overall fashion consumption by limiting the number of new items you purchase each month.
- 23) Invest in a kilowatt meter to understand energy use of individual appliances.

RIPPLE EFFECT

- 24) Start a green team at your workplace.
- 25) Initiate more conversations about climate change.

